



## Effective therapy for lasting change.

Practicing brief and long term psychotherapy internationally for 18 years.

Fully trained Clinical Psychologist and Family Therapist providing effective individual and couple psychotherapy.

Treatment of stress, depression, anxiety, relationship problems, sexual issues, abuse history, psychiatric disorders, cross cultural issues, work issues, parenting and for personal growth.  
18 years international work experience and trainings in Australia, England, Asia and the U.S.

Cognitive Psychology, Couple/Family Therapy, Hypnotherapy and Solution Focused approaches.

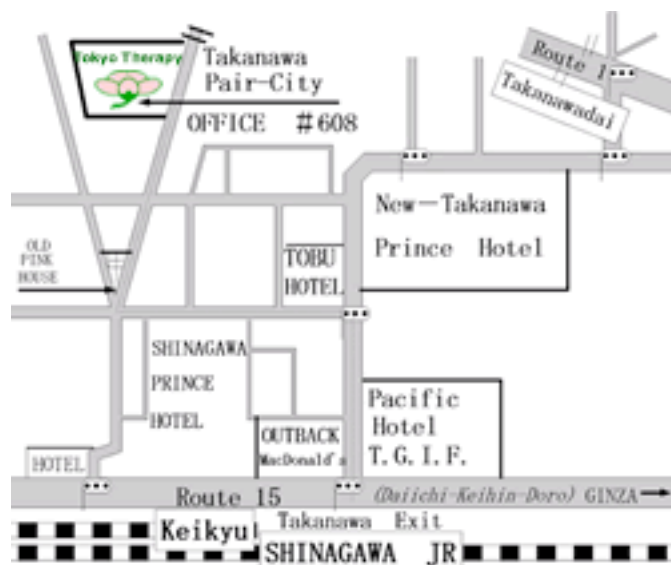
All combined with the deep understandings of spiritual practice whereby problems are seen as opportunities for growth and deep healing.

Australian Psychological Society - College of Clinical Psychologists, Full Member #13517

Victorian Association of Family Therapists, Clinical Member.

International Mental Health Professionals Japan, Clinical Member, President.

**Phone: (03) 3449 2526 or E-mail: [dana@gol.com](mailto:dana@gol.com)**



### Tokyo Therapy Est.1995

Takanawa Pair City 4-14-1-608  
Takanawa, Minato-ku, Tokyo, 108-0074.

10mins on foot from Shinagawa (JR), Keikyū and Takanawadai (Toei -Asakusa Line) stations.

It is a red-brown brick building. You will enter on the 5th floor. Go past the mail boxes and the elevator is on the left. Take the elevator or stairs to the 6th floor then follow the map.

To assist with anonymity please arrive and depart promptly.

On street parking on dead end street at owners own risk (put a note in window saying #608). Otherwise parking is available at the Tobu and Shinagawa Prince Hotels.